

Working Well Together

Training and Technical Assistance Center



Hope at Work: Building Positive, Resilient Organizations

A FREE TRAINING FOR COUNTY AND COUNTY-CONTRACTED MENTAL HEALTH AGENCIES IN THE SOUTHERN REGION

Our Trainer / Presenter: *Bruce Anderson with Community Activators*

Wednesday, March 17, 2010

10:00 AM - 4:00 PM

[Continental Breakfast at 9:30 and Lunch are included]

Santa Anita Golf Course

405 S. Santa Anita Avenue, Arcadia, CA 91006

Teams can get temporarily stronger during team-building retreats, but teams stay strong through the use of carefully designed activities integrated into the ongoing work life of the group. This training will focus on critical areas for building a hopeful and resilient work culture.

Learning Objectives:

- Identify definitions and differences between hope and optimism.
- Identify differences between individual and group resilience.
- Identify the organizational conditions for hope and hopelessness.
- Identify typical resistance to healthy rituals and strategies to overcome.

Within each area, we will offer assessment tools, structures for culture change and samples of activities which will build hope and resilience.

Target Audience:

Administrators, managers, supervisors, direct-service providers, Wellness Center staff and volunteers.

MHSA/WET Coordinators - Please return one registration form (with up to 6 attendees) per County to:
kculliton@cihm.org or Fax to (916) 556-3483.

Registration deadline is March 3, 2010 for counties to be assured training slots.

Continuing Education: \$15.00 – 4.5 CE Hours

- Psychologists: The California Institute for Mental Health (CiMH) is approved by the American Psychological Association to sponsor continuing education for Psychologists. CiMH maintains responsibility for the program and its content. Course approved for 4.5 contact hours.
- RN, PT: CiMH is approved by the California Board of Registered Nursing, Provider Number 11779 for 4.5 contact hours.
- MFT and/or LCSW: CiMH, Provider Number 2617, is an approved provider. Course meets the qualifications for 4.5 hours of continuing education credit for MFTs and/or LCSWs as required by the California Board of Behavioral Sciences.
- CAADAC: CiMH is an approved provider for CAADAC continuing education units (Provider Number 5-98-408-0810). Course approved for 4.5 contact hours.

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REGISTRATION INFORMATION:

First: _____ Last: _____

Organization: _____ Title: _____

Address: _____

City: _____ County: _____ State: _____ Zip: _____

Phone: _____ Email: _____

ADA Needs: _____ Special Dietary Needs: _____

Name: _____ Title: _____

Phone: _____ Email: _____

ADA Needs: _____ Special Dietary Needs: _____

Name: _____ Title: _____

Phone: _____ Email: _____

ADA Needs: _____ Special Dietary Needs: _____

Name: _____ Title: _____

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Phone: _____ Email: _____

ADA Needs: _____ Special Dietary Needs: _____

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Questions? Please contact Donna Matthews/ WWT at (916) 379-5353.